

**Quick Kashrut**

CITATION	SPECIFIC PASSAGE (OR RELEVANT FRAGMENT)	INTERPRETATION
Deuteronomy 14:21	"You shall not eat anything that has died a natural death."	Nothing already dead—no road kill
Exodus 22:30	"You shall be a holy people to Me; you must not eat flesh torn by beasts in the field;..."	Nothing already wounded—no cow that has been attacked by a lion
Leviticus 17:10-14	"Therefore I say to the Israelite people; no person among you shall partake of blood, nor shall the stranger who resides among you partake of blood."	Meat / fowl must be butchered, soaked and salted, and well-cooked
Leviticus 11:2-8	"These are the creatures that you may eat from among the land animals: any animal that has true hoofs, with clefts through the hoofs, and that chews the cud..."	Such as sheep, cows, goats, etc.
Leviticus 11:9-11	"These you may eat of all that live in water: anything in water, whether in the seas or in the streams, that has fins and scales—these you may eat."	No shellfish, no catfish, no squid, etc.
Leviticus 11:13-19	"The following you shall abominate among the birds—they shall not be eaten, they are an abomination: ..."	None that eat already-dead flesh (vultures), none without feathers (bats), none that don't fly (emus)
Leviticus 11:20-23	"But these you may eat among all the winged swarming things that walk on fours: all that have, above their feet, jointed legs to leap with on the ground."	Locusts, crickets, grasshoppers
Genesis 32:33	"That is why the children of Israel to this day do not eat the thigh muscle that is on the socket of the hip, since Jacob's hip socket was wrenched at the thigh muscle."	No hind quarters (some observe by simply removing the sciatic nerve)
Exodus 23:19	"You shall not boil a kid in its mother's milk."	No mixing of meat & milk products

**General Notes:**

Fruits, vegetables, spices, and herbs are exempt, unless mixed with prohibited materials (designations "Kosher Salt" and "Kosher Pickle" refer to style).

Separation of meat and milk has resulted in traditions of separate sets of dishes, sinks, and even refrigerators, as well as waiting between eating from the two categories, and the development of rituals for purifying improperly used utensils. Fish are considered PARVE.

On packaged goods, always look for the seal of rabbinic approval ("heksheh").