

THE (KOSHER) MARKET GAME

OBJECT: To put together a kosher dinner (including appetizer, side dish, beverage, and dessert) centered on the main dish assigned to your team.

PROCEDURE: As a team:

1. Elect a team Scribe / Photographer: _____
2. Decide on the appropriate appetizer, side dish, beverage, and dessert to complement your assigned main dish;

ASSIGNED Main Dish: _____

Appetizer: _____

Side Dish: _____

Beverage: _____

Dessert: _____

3. Locate kosher ingredients for the dish assigned to you.








The team Scribe / Photographer is responsible for






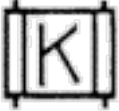






















- photographing the label of the ingredients;
- putting the images into a single WORD document; and
- sending that WORD document to me (emazur@vwc.edu) before the beginning of the next scheduled class.

RULES:

1. You cannot mix any meat products ("land" or "air" animals) with any milk products (Exodus 23:19).
2. Any meat used must be kosher: it must be one of the permitted animals (Leviticus 11:2-23), and it must be properly prepared (Leviticus 17:10-14).
3. Fish are *parve* (neutral), and can be served in meals with EITHER meats from "land"/"air" animals OR milk products (but, of course, not both – see Rule #1). However, it cannot be served on the same plate as another category of meat.
4. For packaged goods to be considered kosher, there must be a *heksher* (symbol of certification of kashrut) somewhere on the label (see images, attached).
5. Substitutions ARE permitted, but they must also be kosher.

HEKSHERS

Most common:			Local:
			
			

Less common:				
				
				
				
				
				
				

HELPFUL HINTS:

- Any part of the label that has the word “Vaad” or Hebrew writing is likely to be a *heksher*;
- A capital “D” next to a *heksher* means the item contains milk; a capital “P” means it is also appropriate for Passover use (we’ll discuss this later).